



**AMERICAN AESTHETIC ASSOCIATION (AAA)
Masters Course on Thread Lifting Face and Body (2-days course)**

11 - 12 September 2017
Dubai, UAE

DAY 1: 11 September 2017

Time	Topic
08:30 – 09:00	Registration
09:00 - 09:30	<ul style="list-style-type: none"> ➤ Mechanisms of Aging & Facial Anatomy <ul style="list-style-type: none"> • Mechanism of Aging • Treatment of Aging • Anatomy of Skin/Hair • Skin type classification • Wrinkle classification
09:30 – 10:00	<ul style="list-style-type: none"> ➤ History of the thread lift technique ➤ Principle of the technique
10:00 – 10:30	<ul style="list-style-type: none"> ➤ Application Anatomy ➤ Consultation and patient selection
10:30 – 11:00	COFFEE BREAK
11:00 – 11:30	<ul style="list-style-type: none"> ➤ Indications <ul style="list-style-type: none"> • Type of Threads: <ul style="list-style-type: none"> ○ Materials ○ Designs ○ Differences ○ Absorbable and non-absorbable
11:30 – 12:30	<ul style="list-style-type: none"> ➤ BARBED SUTURE LIFTS (eg. Happy lift, Anorage) <ul style="list-style-type: none"> • Concept: anchored vs. free-floating sutures • Materials and instruments ➤ CONED SUTURE LIFTS (eg. Silhouette lift, Silhouette Soft) <ul style="list-style-type: none"> • Concept: anchored vs. free-floating sutures • Materials and instruments ➤ STIMULATING THREADS (eg. Mesoicogs, PDO, Gold threads) <ul style="list-style-type: none"> • Concept: anchored vs. free-floating sutures • Materials and instruments
12:30 – 13:30	LUNCH BREAK
13:30 – 17:30	<ul style="list-style-type: none"> ➤ Preoperative ➤ Scribing ➤ Local Anesthesia ➤ Operation: <ul style="list-style-type: none"> • Materials • Planning • Procedure • Dressing • Post-operative care • Complications and Management

DAY 2: 12 September 2017

Time	Topic
09:00 – 12:00	➤ Hands on Training
12:00 – 13:00	LUNCH BREAK
13:00 – 17:00	➤ Hands on Training

NOTE: Course content can be modified, depending on ITC curriculum changes and the days can be switched within the course period.