



AMERICAN AESTHETIC ASSOCIATION (AAA)
Step 1: Fellowship in Cosmetic Gynaecology (2-days course)

3-4 December 2017
Dubai, UAE

DAY 1: 3 December 2017

Time	Topic
08:30 – 09:00	Registration
09:00 – 10:00	<ul style="list-style-type: none"> • History and Statistics • Applied surgical anatomy • Pathophysiology of genital aging • Consultation and Patient selection • Medical photography • Contraindications
10:00 – 10:30	COFFEE BREAK
10:30 – 12:00	<ul style="list-style-type: none"> • Anesthesia • Laser applications in Cosmetic Gynecology: <ul style="list-style-type: none"> ○ Bikini area laser epilation ○ LLL therapy in vulvovaginal rejuvenation ○ Laser vaginal Rejuvenation ○ Q Switched Lasers ○ Erbium Resurfacing • Radiofrequency vaginal tightening • Genital bleaching: <ul style="list-style-type: none"> ○ Perineal skin conditioning ○ Chemical Peeling
12:00 – 13:00	LUNCH BREAK
13:00 – 14:00	<ul style="list-style-type: none"> • HA for genital rejuvenation • G-Spot amplification technique • Mesotherapy in genital rejuvenation: <ul style="list-style-type: none"> ○ Mons pubis fat reduction ○ Vaginal rejuvenation • PRP vaginal enhancement • Carboxytherapy • Botulinum toxin for vaginismus • Setting a successful Cosmetic Gynecology practice
14:00 – 14:15	COFFEE BREAK
14:15 – 16:30	DAILY TEST ON NON INVASIVE COSMETIC GYNECOLOGY
16:30 – 17:00	Questions and Answers

DAY 2: 4 December 2017

Time	Topic
09:00 – 13:00	Clinical Demonstrations: <ul style="list-style-type: none">• Laser epilation of bikini area• Vaginal Bleaching with Q Switched lasers• Vaginal Bleaching with Peels• HA injection
13:00 – 14:00	LUNCH BREAK
14:00 – 16:00	<ul style="list-style-type: none">• Mesotherapy• PRP O Shot• PRP P Shot• Carboxytherapy
16:00 – 17:00	MCQ EXAM ON NON SURGICAL AESTHETIC GYNECOLOGY
17:00 – 17:30	<ul style="list-style-type: none">• Closing remarks• Picture taking• Distribution of certificates

NOTE: Course content can be modified, depending on AAA curriculum changes and the days can be switched within the course period